

Breakfast

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
HOT ITEMS	Pork sausages Poached eggs Plum tomatoes Baked Beans Hash Browns	Grilled bacon Scrambled eggs Button Mushrooms Baked Beans Sauté potatoes	Pork sausages Boiled eggs Roasted tomatoes Baked Beans Hash Browns	Crispy steaky bacon Fried eggs Field Mushrooms Baked Beans Sauté potatoes	Pork sausages Scrambled eggs Plum tomatoes Baked Beans Hash Browns	Grilled bacon Fried eggs Button Mushrooms Baked Beans Hash Browns
DAILY BREAKFAST ITEMS	Selection of breakfast cereals Yoghurt station - with fresh fruit, puree's & toppings Toasting station with deli bread, spreads & preserves	Selection of breakfast cereals Yoghurt station - with fresh fruit, puree's & toppings Toasting station with deli bread, spreads & preserves	Selection of breakfast cereals Yoghurt station - with fresh fruit, puree's & toppings Toasting station with deli bread, spreads & preserves	Selection of breakfast cereals Yoghurt station - with fresh fruit, puree's & toppings Toasting station with deli bread, spreads & preserves	Selection of breakfast cereals Yoghurt station - with fresh fruit, puree's & toppings Toasting station with deli bread, spreads & preserves	Selection of breakfast cereals Yoghurt station - with fresh fruit, puree's & toppings Toasting station with deli bread, spreads & preserves
FRUIT	fresh fruit Salad	fresh fruit platter	fresh fruit Salad	fresh fruit platter	fresh fruit Salad	fresh fruit platter
DAILY SPECIAL	Blueberry muffins	Croissants & Pain au Chocolate	Fresh fruit smoothie	American pancakes	Waffles	Bagels with cream cheese

Lunch & Supper Week 1



Blundell's

FOUNDED 1604

	MONDAY	TUESDAY	WENESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Soup of the day served with homemade bread							
MAIN COURSE ONE	BFC Blundell's Fried Chicken Fried Chicken fillets Spicy chicken wings Spicy buffalo cauliflower Waffles Mac 'n' cheese Pickled slaw with savoy cabbage, BBQ cannellini & butter beans Rolled corn cobs with smoky onion crust Louisiana BBQ sauce Buttermilk dressing Chipotle mayo	Local pork sausages with baked apple & red onions, Yorkshire pudding & gravy	Spaghetti bolognaise	Blundell's Big Roast Roast Chicken Roast Beef	Blundell's Chip Shop! Battered Cod Jumbo Sausage Chicken & Mushroom pie Battered jackfruit Chunky chips Mushy peas Gravy Chip shop curry sauce	Prawn & chorizo jambalaya	BRUNCH
MAIN COURSE TWO		Shepherds pie with parmesan crust	Hunters Chicken			Grilled vegan cauliflower steak with chimichurri	
MAIN COURSE THREE		"Oinking bangers" plant based sausages	Butternut squash, sweetcorn & feta fritters	Celeriac & potato gratin with goats' cheese & rosemary			
ON THE SIDE		Mashed potatoes Roasted roots Steamed broccoli	Baked jackets skins Green beans Sweetcorn *Hot Dessert* Apple crumble & custard	Served with all the trimmings		*Hot Dessert* Steamed Jam sponge	
PASTA, JACKETS SALAD BAR	JACKET & PASTA BAR WITH A SELECTION OF TOPPINGS, SALAD BAR						
DESSERT	A SELECTION OF DELICIOUS DESSERT POTS, TRAY BAKES AND FRESH FRUIT						
SUPPER							
MAIN COURSE ONE	Moroccan lamb tagine pomegranate salsa with zatar feta mint tabbouleh	Turkey ,ham & leek Pie Topped with shortcrust pastry	Tacos Soft tortillas filled with... Slow roast chicken thighs with oregano & chilli Pinto beans & paprika crushed squash Scampi with lime & chilli Mayo vegetable slaw, picode gallo & crushed avocado & lime, Mexican red rice with peas Grilled corn with chilli, mayonnaise & tangy cheese Courgette & red onion Ensalada with tomatillo salsa	Jerk belly pork Crackling Jerk gravy	'macaroni cheese bar' Macaroni cheese your way...	Asian Flavours Karage chicken Coconut crusted tofu with coriander & mint Noodles Shredded slaw with lime, chilli & ginger Miso roasted broccoli & stems Sweet chilli sauce Japanese teriyaki sauce	Classic beef Lasagne al Forno
MAIN COURSE TWO	chickpea dopioza with spinach & coriander	Vegan moussaka with red lentils & olives		wild mushroom Risotto rocket & parmesan salad	chicken wings Marinated in Texas BBQ sauce		Plant based Lasagne
ON THE SIDE	Rice naan bread sugar snaps *soup of the day*	Buttered new potatoes Peas Carrots		Roasted new potatoes sugar snaps *soup of the day*	sweet potato fries sweetcorn		Garlic focaccia Mixed leaf salad Parmesan
DESSERT	Sticky toffee pudding	Rice pudding	Dessert pots	Chocolate brownie	Cheesecake	Chocolate chip cookies	Ice cream pots
SALAD BAR	SELECTION OF SALADS						

Lunch & Supper Week 2

	MONDAY	TUESDAY	WENESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Soup of the day served with homemade bread							
MAIN COURSE ONE	<p>Noodle Bar</p> <p>Honey sesame chicken Salt & pepper pork</p> <p>Noodles Bok choy Green beans Silver skin onions Chilli crunch Lime Dipping sauces</p> <p>Coriander, mint, spring onions & sesame seeds.</p>	Baked jerk chicken with roast pineapple & peppers	Classic beef Lasagne al forno	Blundell's Big Roast Roast Chicken Roast Pork	Friday Chip Shop! Battered Cod Jumbo Sausage Mince beef & onion pie Battered vegan Sausages	Chicken Tikka marsala with yoghurt & tomato chutney	BRUNCH
MAIN COURSE TWO		Freshly baked Pork & Chorizo sausage roll	Creamy Salmon linguine			Stir fried turkey chow mein with crispy coriander	
MAIN COURSE THREE		Creamy garlic mushrooms with broad beans & soya on toasted ciabatta	Spinach & Ricotta lasagne	Bubble and squeak & fried egg		Kale, butterbean & parmesan orzo pasta	
ON THE SIDE		Mini baked potatoes Peas Maple roast carrots	Garlic focaccia Green beans Mixed salad	Served with all the trimmings		Chip shop curry sauce	
PASTA, JACKETs SALAD BAR	JACKET & PASTA BAR WITH A SELECTION OF TOPPINGS, SALAD BAR						
DESSERT	A SELECTION OF DELICIOUS DESSERT POTS, TRAY BAKES AND FRESH FRUIT						
SUPPER							
MAIN COURSE ONE	Braised beef & Herby Dumplings	Curried Lamb & chapatis	<p>Chinese</p> <p>Crispy chicken balls, sweet & sour</p> <p>Jumbo spring roll, sticky hoisin sauce</p> <p>Egg & soy fried rice Bean sprout egg noodles Wok fried cabbage Prawn crackers</p>	Amatriciana turkey & basil traybake	Panko chicken Katsu kimchi slaw	The Burgers: The "Bourguignon" Slow cooked pulled beef brisket, red wine jus, caramelised onions & mushrooms, cheddar cheese.	Roast chicken & sage and onion stuffing
MAIN COURSE TWO	Butternut squash spinach & lentil hot pot	Cauliflower, pea & paneer curry		wild mushroom, cheese and pea & Kale gnocchi	Pan fried Aubergine steak		Broccoli, cauliflower & squash herby crumble
ON THE SIDE	Creamy mash potato Carrots Peas	mango chutney Tempered Keralan cabbage & pea poriyal spiced basmati Poppadums & riata		Sea salt focaccia Sweetcorn Fine beans	Steamed greens with salsa Verde Tomato, red onion & coriander salad baked squash with lemon, thyme & chilli Rice	The "Green machine" Chargrilled Halloumi & Harissa vegan mayo	Served with all the trimmings
DESSERT	Golden syrup sponge with custard	Black cherry Bakewell tart		Carrot cake	Jam & coconut sponge and custard	Churros with chocolate sauce	American Waffles
SALAD BAR	SELECTION OF SALADS						

Lunch & Supper Week 3

	MONDAY	TUESDAY	WENESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Soup of the day served with homemade bread							
MAIN COURSE ONE	<p>BYO Burgers!</p> <p>Beef, chickpea or Southern fried chicken</p> <p>Toppings... Bacon Hash brown bits Crispy onions Burger sauce Dressed slow Lime & mint mayo cheese</p> <p>French fries BBQ beans Selection of salad</p>	Lamb cobbler	Swedish Meatballs served with redcurrant jelly	<p>Blundell's Big Roast</p> <p>Roast Turkey Roast Gammon</p>	<p>Blundell's Chip Shop!</p> <p>Battered Cod Jumbo Sausage Cheese & onion pie</p> <p>Chunky chips Mushy peas Gravy Chip shop curry sauce</p> <p>*Hot Dessert*</p> <p>Apple pie & custard</p>	<p>Pizza Bar</p> <p>Original Cheese & tomato</p> <p>'Mighty Meaty One' Pepperoni, ham, sausage, mushrooms and mozzarella cheese</p> <p>'Texas BBQ Chicken' Tangy bbq sauce topped with smoky bacon, chicken breast strips, green and red peppers</p> <p>Potato Wedges Corn on the cob</p>	BRUNCH
MAIN COURSE TWO		Crispy Turkey Schnitzel	Sticky smoky BBQ chicken thighs				
MAIN COURSE THREE		Pesto & goats cheese stuffed potabello mushroom	'Meatless' Meat balls	Leek, barley & mushroom crumble			
ON THE SIDE		Parmentier potatoes	Creamy mash potato Sweetcorn Peas Gravy	Served with all the trimmings			
PASTA, JACKETS SALAD BAR	JACKET & PASTA BAR WITH A SELECTION OF TOPPINGS, SALAD BAR						
DESSERT	A SELECTION OF DELICIOUS DESSERT POTS, TRAY BAKES AND FRESH FRUIT						
SUPPER							
MAIN COURSE ONE	Honey roast bacon joint	Tandoori chicken khobez	BLUNDELL'S BIG SOUP!	Beef mince & potato pie	Hoisin pulled pork	<p>Blundo's Chicken</p> <p>Lemon & herb chicken Peri peri chicken Grilled Halloumi Peri fries Macho peas Roasted broccoli Perinaise</p>	Beef Bolognese
MAIN COURSE TWO	Courgette & sweetcorn fritters with harissa mayo	Thai Tofu & vegetable curry		Homity pie	Grilled cauliflower steak with Guasacaca		Quorn Bolognese
ON THE SIDE	Roasted new potatoes Fried eggs & pineapple ketchup Peas *soup of the day*	Rice Mini poppadums Sambles Crushed peas with lime & coriander Steamed greens with soy & ginger		Sage new potatoes Mustard carrots, squash & red onions Broccoli	Rice with sea salt & chilli, Baby corn & Pak choi stir-fry		Spaghetti Garlic bread Parmesan cheese
DESSERT	Chocolate pudding with chocolate sauce	Banana loaf cake with cream		Giant Cookies	Apple crumble & custard		Lemon drizzle
SALAD BAR	SELECTION OF SALADS						