

LUNCH

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL ONE	Beef bolognaise	Roast chicken with lemon & thyme	Pork casserole	Meatballs & tomato sauce	Pepperoni pizza
VEGETARIAN/VEGAN	Soya mince bolognaise	Potato & vegan Sheese Homity pie	Vegan quorn casserole	Vegan Meatballs & tomato sauce	Margarita pizza
ON THE SIDE	Pasta Garlic bread Sweetcorn	Roast potatoes Carrots Green beans	Sauté potatoes Broccoli Cauliflower	Rice Peas & Sweetcorn	Chips Mixed salad
DESSERT	Fresh cut fruit & yoghurt	Blackberry Tart & custard	Fresh cut fruit & yoghurt	Marble sponge & Chocolate sauce	Fresh cut fruit & yoghurt
		Fresh cut fruit & yoghurt		Fresh cut fruit & yoghurt	
EVERY DAY					

LUNCH

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL ONE	Butchers sausages	Slow roast beef & Yorkshire pudding	Mild chicken curry	Beef lasagne	Battered Cod Battered Salmon
VEGETARIAN/VEGAN	Vegan sausages	BBQ Lentil & Bean Pattie	Courgette & cauliflower curry	Vegetable & spinach lasagne	Battered Halloumi Vegetable burger
ON THE SIDE	Mashed potatoes Baked beans	Roast potatoes Carrots Cabbage Gravy	Steamed rice poppadoms	Garlic bread Mixed salad	Chips Garden peas & their pods! Lemon mayonnaise
DESSERT	Fresh cut fruit & yoghurt	Homemade shortbread	Fresh cut fruit & yoghurt	Apple crumble & custard	Fresh cut fruit & yoghurt
EVERY DAY		Fresh cut fruit & yoghurt		Fresh cut fruit & yoghurt	

LUNCH

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL ONE	Sweet & Sour chicken	Honey glazed gammon	Squash Macaroni cheese	Steak Pie	Chicken goujons
VEGETARIAN/VEGAN	Sweet & sour breaded vegetables	Sweet potato & chickpea patty		Quorn chunks steak Pie	Vegetable goujons
ON THE SIDE	Steamed rice Sweetcorn Peas	Baked new potatoes Carrots Cauliflower	Garlic slice Broccoli & carrots	Potato crunchies Green beans	Waffle fries Baked beans
DESSERT	Fresh cut fruit & yoghurt	Chocolate sponge & Chocolate sauce	Fresh cut fruit & yoghurt	Crunchy fruity flapjack	Fresh cut fruit & yoghurt
EVERY DAY		Fresh cut fruit & yoghurt		Fresh cut fruit & yoghurt	

SALAD BAR

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SIMPLE SALADS	Cherry tomatoes Cucumber slices Sweetcorn Mixed leaves Carrot sticks Grated carrot Tricolour pasta Beetroot	Cherry tomatoes Cucumber slices Sweetcorn Mixed leaves Carrot sticks Grated carrot Tricolour pasta Beetroot	Cherry tomatoes Cucumber slices Sweetcorn Mixed leaves Carrot sticks Grated carrot Tricolour pasta Beetroot	Cherry tomatoes Cucumber slices Sweetcorn Mixed leaves Carrot sticks Grated carrot Tricolour pasta Beetroot	Cherry tomatoes Cucumber slices Sweetcorn Mixed leaves Carrot sticks Grated carrot Tricolour pasta Beetroot
PROTEIN	Sliced roast ham Tuna Grated cheddar Cheddar sticks Boiled eggs Pork pies Sardines Hummus Babybel	Sliced roast ham Tuna Grated cheddar Cheddar sticks Boiled eggs Pork pies Sardines Hummus Babybel	Sliced roast ham Tuna Grated cheddar Cheddar sticks Boiled eggs Pork pies Sardines Hummus Babybel	Sliced roast ham Tuna Grated cheddar Cheddar sticks Boiled eggs Pork pies Sardines Hummus Babybel	Sliced roast ham Tuna Grated cheddar Cheddar sticks Boiled eggs Pork pies Sardines Hummus Babybel
SOMETHING MORE	Classic coleslaw Tomato & basil coleslaw Cous cous salad	Classic coleslaw Tomato & basil coleslaw Cous cous salad	Classic coleslaw Tomato & basil coleslaw Cous cous salad	Classic coleslaw Tomato & basil coleslaw Rice salad	Classic coleslaw Tomato & basil coleslaw Rice salad
DRESSING	French dressing Sweet chilli Honey & Mustard	French dressing Sweet chilli Honey & Mustard	French dressing Sweet chilli Honey & Mustard	French dressing Sweet chilli Honey & Mustard	French dressing Sweet chilli Honey & Mustard
TOPPINGS	Gherkins & Olives	Gherkins & Olives	Gherkins & Olives	Gherkins & Olives	Gherkins & Olives

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SIMPLE SALADS	Cherry tomatoes Cucumber slices Sweetcorn Mixed leaves Carrot sticks Grated carrot Tricolour pasta Beetroot	Cherry tomatoes Cucumber slices Sweetcorn Mixed leaves Carrot sticks Grated carrot Tricolour pasta Beetroot	Cherry tomatoes Cucumber slices Sweetcorn Mixed leaves Carrot sticks Grated carrot Tricolour pasta Beetroot	Cherry tomatoes Cucumber slices Sweetcorn Mixed leaves Carrot sticks Grated carrot Tricolour pasta Beetroot	Cherry tomatoes Cucumber slices Sweetcorn Mixed leaves Carrot sticks Grated carrot Tricolour pasta Beetroot
PROTEIN	Sliced roast ham Tuna Grated cheddar Brie Boiled eggs Homemade scotch eggs Mackerel Hummus Babybel	Sliced roast ham Tuna Grated cheddar Brie Boiled eggs Homemade scotch eggs Mackerel Hummus Babybel	Sliced roast ham Tuna Grated cheddar Brie Boiled eggs Homemade scotch eggs Mackerel Hummus Babybel	Sliced roast ham Tuna Grated cheddar Brie Boiled eggs Homemade scotch eggs Mackerel Hummus Babybel	Sliced roast ham Tuna Grated cheddar Brie Boiled eggs Homemade scotch eggs Mackerel Hummus Babybel
SOMETHING MORE	Classic coleslaw Tomato & basil coleslaw Cous cous salad	Classic coleslaw Tomato & basil coleslaw Cous cous salad	Classic coleslaw Tomato & basil coleslaw Cous cous salad	Classic coleslaw Tomato & basil coleslaw Rice salad	Classic coleslaw Tomato & basil coleslaw Rice salad
DRESSING	French dressing Sweet chilli Honey & Mustard	French dressing Sweet chilli Honey & Mustard	French dressing Sweet chilli Honey & Mustard	French dressing Sweet chilli Honey & Mustard	French dressing Sweet chilli Honey & Mustard
TOPPINGS	Gherkins & Olives	Gherkins & Olives	Gherkins & Olives	Gherkins & Olives	Gherkins & Olives